

# Together, We Can...

## Learn to Live Well

2020 - 2021 Extension Homemaker Lesson Leader  
Trainings



Two lessons taught on an *every other month* basis.

Each club sends a leader for both lessons.

*(Lessons will be approximately one hour in length)*

### AUGUST 18<sup>TH</sup> DAVIESS COUNTY EXTENSION OFFICE

\* Addiction 101, **10:30 a.m.**

\* Stocking Your Pantry, **11:30 a.m.**

**\*\*The first lesson is will be a LIVE video with Alex Elswick from UK via Zoom. Meeting login information will be sent to your local extension office. Please go to your local extension office for this lesson.\*\***

### OCTOBER 20<sup>TH</sup> VIDEO LESSON

\* Managing Holiday Expenses, **10:30 a.m.**

\* Meal Kits: Are They Worth It? **11:30a.m.**

### JANUARY 19<sup>TH</sup> VIDEO LESSON

\* Buzz on Honey, **10:30 a.m.**

\* Hosting a Smarter Potluck, **11:30 a.m.**

### MARCH 16<sup>TH</sup> VIDEO LESSON OR IN-PERSON

\* Plate it Up: Kentucky Proud, **10:30 a.m.**

\* Swedish Weaving, **11:30 a.m.**

**\*\*To limit meeting sizes due to COVID-19 restrictions, all lessons will be available through either Zoom or YouTube for you to watch on your own at home. If you are unable to watch from home, the lessons will be offered at your local extension office at the times listed above. Further information about how to watch from home will be provided closer to the training dates.\*\***

## Lessons

Due to COVID-19 restrictions and everyone's safety, the plan is for all lessons to be video lessons online (via Zoom or YouTube).

